

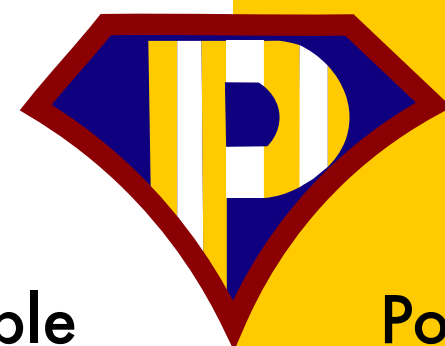
THE RECIPE FOR HAPPINESS

serves every soul on the planet

- 1 What is your dream? _____
What makes your heart flutter? What could you do for hours, days and weeks without interruption?
- 2 Mix in tons of passion! Figure out why it's your dream. If your 'why' doesn't make you cry, it's not big enough.
- 3 Saute confidence, strength and belief until their flavors blend together. Don't let **ANYONE** steal your dream!
- 4 Mix with tons of positive people who will support you. Stir vigorously! Their flavor will marinate with the confidence, strength, belief and passion.



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"Poppy can bring you to a new level of joy and happiness in your life"

— Jack Canfield, 'Chicken Soup for the Soul'

- 5 Stir in hard work and remember to work smart. Nothing happens without action.
- 6 Spice it up by adding a mentor or two. This will add accountability and wisdom to your sauce.
- 7 Let your dream simmer with forgiveness and worthiness.
- 8 Sprinkle with a whole lotta love!
- 9 Serve it piping hot over the foundation of '**anything is possible**'.

LiveYourDreamLife!

- Poppy Possible

